# This laptop powered by YOU

# Don't run me down!

As a courtesy to the next user, keep an eye on the meters located on the central frame of the bike and make sure you are always generating at least as much, if not more than you are consuming.

## How to use it

- 1) Turn the dial up to a maximum of 60 min
- 2) Use knob under seat to adjust seat position
- 3) Taking care not to bump the generator casing, get on the bike and start pedaling
- 4) Adjust laptop table
- 5) Turn on the computer\*. When a menu comes up, chose the first start up option.
- 6) Once start-up is complete (takes 2-3min), you will see the usual Athena welcome screen. Log in and enjoy!
- \*If the computer does not turn on, it may be because the battery level is too low. Pedal for 5-10 minutes and try again.

### Turn me off!

If you don't turn the system off completely, the next user won't be able to turn on the computer

- 1) Press the power button once and keep pedaling until the computer turns itself off.
- 2) IMPORTANT: Once computer is off, turn off the system by turning the timer back to zero.

#### About the bike

- Your pedal strokes drive a generator which charges a battery
- The laptop runs off this 12V battery, drawing approximately 35 watts of power.
- Only one resistance level is available at this time.

This bike was created in 1.102 with collaboration from IS&T.

The laptop was donated by Dell Computers.

For questions or more information, contact 1102bike@mit.edu



